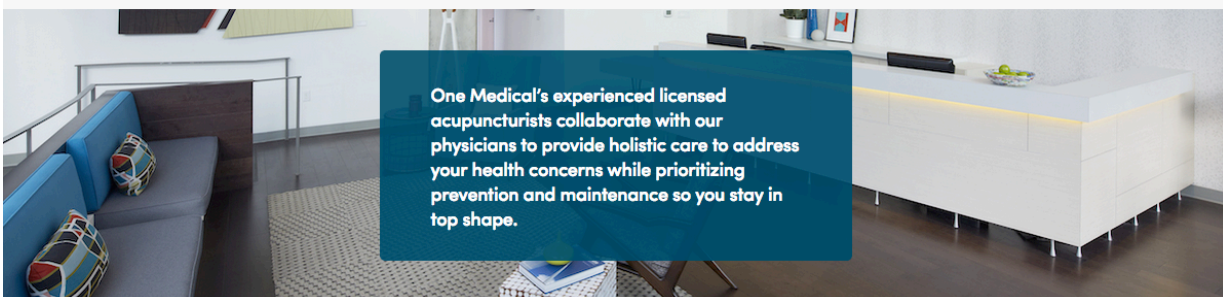


San Francisco Acupuncture

Acupuncture integrated seamlessly with your primary care.



One Medical's experienced licensed acupuncturists collaborate with our physicians to provide holistic care to address your health concerns while prioritizing prevention and maintenance so you stay in top shape.



Collaborative Care

Our acupuncturists work directly with our providers to create comprehensive, individualized health plans



Affordable Treatment

We work hard to keep our acupuncture services reasonably priced and accessible



Longer Appointments

You'll have time to address your concerns and receive excellent treatment

San Francisco Acupuncture

With a team of specialists **located throughout San Francisco**, One Medical offers integrative services – including acupuncture – to all of our Bay Area members. Our San Francisco acupuncture services are provided by experienced, licensed acupuncturists (LAc) at our **Noe Valley – 23rd Street** and **Financial District – Montgomery** offices, making holistic care convenient and accessible. Our acupuncturists are an extension of our primary care team, and they collaborate closely with physicians to deliver truly customized, patient-centered care.

How Does Acupuncture Fit Into Primary Care?

As a form of Traditional Chinese Medicine or TCM, acupuncture is a **complex, holistic medical system** that's considered a valuable complementary and alternative modality in modern Western medicine. Rooted in ancient Eastern philosophies around energy and balance, acupuncture relies on the use of fine needles to stimulate specific points on the body to promote healing, as well as nutritional therapy and herbal medicine and supplements when necessary.



WHAT WE HANDLE:

- Joint, nerve, & muscle pain & inflammation
- Women's health issues including **infertility**, painful periods & polycystic ovary syndrome
- Poor circulation
- **Sinus infections**
- Digestive issues including IBS
- Weight loss
- Insomnia
- Anxiety

Over one million people in the US use acupuncture to address a variety of health issues, including pain, stress, digestive problems, fatigue, and fertility concerns.

At One Medical, our acupuncturists collaborate with our primary care providers to fully understand the scope of each unique problem and to create the most comprehensive, beneficial treatment plan possible. If supplements or herbs are recommended to further your treatment goals, our acupuncturists will communicate directly with your primary care provider about supplement and drug interactions to optimize your health and wellbeing.

Is Acupuncture Covered By Insurance?

While some insurance carriers may provide a limited amount of coverage for integrative services, One Medical offers acupuncture treatment to our patients for an out-of-pocket cost. Providing services in this way allows us to continue delivering affordable care to all of our members in a way that's reasonable and sustainable. If your insurance carrier does cover acupuncture services, we're happy to provide an itemized receipt for you to submit for reimbursement.

What Kinds Of Conditions Can Acupuncture Be Used For?

The overarching goal of acupuncture is to restore and maintain balance in the body. Our acupuncturists routinely diagnose and treat a wide range of health issues including joint and nerve inflammation, muscle pain, digestive issues like IBS, anxiety, insomnia, weight loss and a variety of women's health concerns including infertility, painful periods, and polycystic ovary syndrome.

How Do I Make An Appointment?

One Medical is a membership-based practice that combines the highest level of care with exceptional services. Members support our practice by paying a low annual membership fee of just \$149, which provides a full year of access to all of our urgent and primary care services. If you're ever unhappy with our service, let us know and we'll refund your current year membership fee. For information about acupuncture visit fees, please refer to our [fee schedule](#).

It takes less than five minutes to [join online](#), and once you sign up, you can book your first appointment online, on the phone, or on our [app](#).



MICHELLE KURODA,
LAC,
NOE VALLEY - 23RD
STREET

"The strength of integrating acupuncture at One Medical lies in the fact that we're able to combine it with allopathic primary care in order to fully support our patients' health and provide the best possible comprehensive care."

SCHEDULE NOW

Members can book appointments online in minutes.

[JOIN NOW](#)

Or call us at 415-523-6317.

ALREADY A MEMBER?

[BOOK NOW](#)