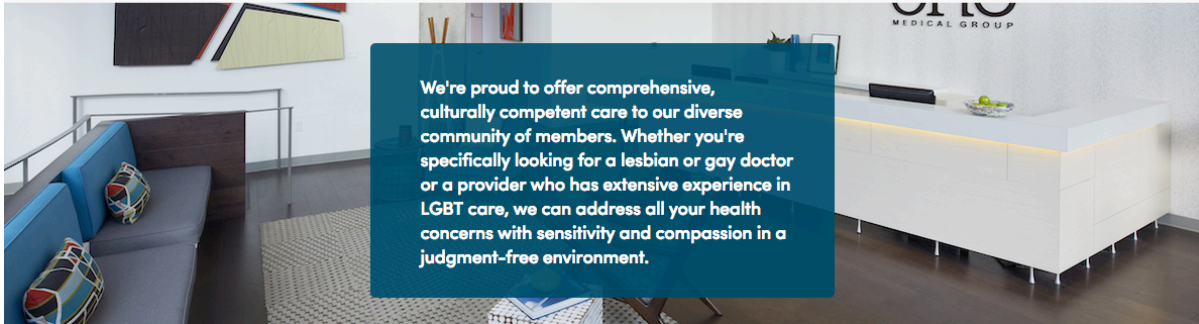


San Francisco Bay Area Lesbian Gay Bisexual Transgender (LGBT) Health Care

Inclusive, specialized care tailored to fit your needs.



Comprehensive Care

Our providers approach health holistically and treat you as a whole person



Convenience Delivered

Our offices are easily accessible, appointments start on time, and you can book appointments online with a gay doctor or a provider with extensive LGBT care experience



Confidential, Accessible Screening

With our mobile app and 24/7 Virtual Medical Team, you can get tests and treatment for common issues without even needing an office visit

San Francisco Bay Area LGBT Health

With a rich LGBT history and culture, One Medical is pleased to call the San Francisco Bay Area home. With offices conveniently located throughout San Francisco, the Peninsula, Marin, and East Bay, our offices provide an array of services to the LGBT community. With same-day appointments, on-site lab work, and longer-than-average appointment lengths, we make getting great, efficient care simple. All of our providers are sensitive to the specific health concerns of our lesbian, gay, bisexual, and transgender patients, and we're proud to offer a patient-focused, holistic, and evidence-based approach to health care.



Why Go To One Medical For LGBT Care?

We recognize that going to the doctor can be stressful for anyone, and the experience can be especially difficult for anyone who's had negative experiences with health care. At One Medical, we celebrate all identities, including gay, straight, transgender, queer, gender non-conforming, and genderqueer. Our goal is to make you feel welcome, comfortable, respected, and valued, and we're committed to providing excellent care to everyone.

WHAT WE HANDLE:

- Comprehensive primary care
- STD testing & screening
- PrEP
- HIV care
- Anxiety management
- Mental health services & referrals
- Smoking cessation & education around substance abuse
- Cancer screening & prevention
- Trans care
- Hormone management

Unlike many other primary care offices, we ask our patients whether they prefer feminine, masculine, or gender-neutral pronouns, and we allow you to lead the discussion around personal topics related to your health, including gender identity and sexual orientation, at your first wellness visit.

What Kinds Of Health Services Do You Provide To Members Of The LGBT Community?

We go to special lengths to create a safe, non-judgmental space for our members to address all their health concerns. We do this through thoughtful communication, empathy, and unbiased care. Our providers are equipped to handle the full spectrum of primary care health concerns as well as a range of issues specific to the stressors LGBT patients may face. In addition to comprehensive wellness visits, our providers are experienced in issues related to depression and anxiety, cancer prevention and screenings, weight management, and substance use, as well as issues related to sexual health, including **STD and HIV prevention** and care, and **pre-exposure prophylaxis (PrEP)**.

Research suggests that LGBT patients may be at an increased risk for issues including depression, anxiety, and substance abuse, and our providers have extensive experience in managing these issues.

Do You Provide Transgender Care?

Yes. All of our providers are qualified to provide quality, unbiased care, and certain providers have special training and experience in **managing transgender care**. This means that in addition to making sure patients feel safe and understood, these providers have additional expertise around hormone management, surgical referrals, and interpreting lab results. When making your first appointment, ask which providers in your area are experts in transgender health.

How Do I Pick A Doctor Who Can Handle LGBT Issues?

All of One Medical's providers deliver inclusive care, but providers who have special training or expertise in LGBT health care issues will have "LGBT Care" noted under the "Interests" section of their bio. Moreover, you can always call and speak with a member of our team who can help you select a provider who best meets your needs. You can book appointments with the provider of your choice, and can change your PCP at any time if you decide there is someone who might be a better fit.

How Do I Make An Appointment?

One Medical is a membership-based practice that combines the highest level of care with exceptional services. Members support our practice by paying a low annual membership fee of just \$149, which provides a full year of access to all of our urgent and primary care services. If you're ever unhappy with our service, let us know and we'll refund your current year membership fee.

It takes less than five minutes to **join online**, and once you sign up, you can book your first appointment online, on the phone, or on our **app**.



**PATRICK PORTIZ, MD,
FINANCIAL DISTRICT -
SUTTER**

"There were instances prior to becoming a physician when I felt I had to apologize to my doctor for bringing up my social and sexual questions. I often left embarrassed and felt that my concerns were just swept under the rug, without getting a resolution. Now, as a family physician, I am open to all my patients leaving no stone unturned, asking their medical, social, psychological, and sexual health questions, and helping to make them feel empowered as advocates for their health."